

Age	Keywords	Developmental Milestones	Erickson (Psychosocial)	Piaget (Cognitive)	Kohlberg (Moral Dev)	Childs worries	Parents concerns	Interventions	Safety	
Infant (0-1yr)	<p>~Vulnerable- infant is extremely vulnerable</p> <p>~Dependent- on reasonable caregivers who love them, understand them, want to protect them</p> <p>~Trust- learning to trust those around them</p> <p>~Oral/suck- they need to suck in order to eat, suck to calm themselves, it's a reflex</p>	<p>~2m: PF closes; smile and vocalizes some kind of sound with voice beyond crying, Grunting, cooing or babbling</p> <p>~3m: recognizes parents...smile</p> <p>~4m: rolls from back to side; reaches/grabs; laughs aloud</p> <p>~5m: double weight; rolls from belly to back: feeds self; reaches &amp; grasps</p> <p>~6m: rolls back to belly; 1st primary tooth; imitates sounds; (4-6m: solid food)</p> <p>~7m: transfers objects; drinks from a cup; waves bye-bye; indicates wants; chained syllables (mama, dada)</p> <p>~8m: crude pincer; responds to "no"</p> <p>~9m: triples weight; play patty cake</p> <p>~10m: neat pincer; object permanence; play pat-a-cake; one word</p> <p>~11m: cruises/walks while holding 2 hands</p> <p>~1yr: stand alone; walks w/ one hand; triples weight; increases length 50%</p>	<p><b>Trust vs. Mistrust (0-1yr)</b></p> <p>~Basic needs met on consistent basis</p> <p>~Narcissism</p> <p>~Grasping</p> <p>~Biting</p> <p>~Tactile stimulation &amp; quality of relationships very important</p> <p>*Desired Outcomes: faith &amp; optimism</p>	<p><b>Sensorimotor (0-2yr)</b></p> <p>1) Reflexive</p> <p>2) Repetitive</p> <p>3) Imitative (last stage)</p> <p>~CNS only works by reflex b/c they dnt have nuff mylenation yet (takes 2-3yrs)</p> <p>~Sounds &amp; simple gestures</p> <p>~Tactile &amp; sensory stimuli</p> <p>~Development thru sucking, grasping, rooting, crying, etc</p> <p>~Object permanence @ 9-10m</p>			<p>~Separation/stranger anxiety</p> <p>=Abandonment (6-24mnths)</p>	<p>~Attachment</p> <p>~Temperament</p> <p>~Thumb sucking</p> <p>~Teething (can buy OTC rx)</p> <p>~Sleep- stretch out feedings at 2mo, newborn stomach hold 2oz, solid food b/w 4-6mo,</p> <p>~postpartum depression</p> <p>~feedings- breast milk is best, 30% need soy bc allergy to cows milk, baby cereal is best has additives like iron</p>	<p>~ Increase bonding w/ fam</p> <p>~Teach/support</p> <p>~Primary nursing</p> <p>~Rooming in</p> <p>~TLC/play</p> <p>~swaddle/pacifier</p>	<p>~Back to sleep</p> <p>~constant supervision</p> <p>~Safe Haven Law- up to 30 day</p> <p>~no propping bottles</p> <p>~carseat/booster 8 y or 4'9"</p> <p>~check water temp</p> <p>~strap into all equipment</p> <p>~no small/sharp items in crib/bedsie</p> <p>~poison control (18008POISON)</p>
Toddler (1-3yr)	<p>~Autonomy- wants to do things himself</p> <p>~Animism- thinks things are alive</p> <p>~Tantrums- no control over emotions, become frustrated, don't understand reasoning or explaining</p> <p>~Very mobile- cruising,</p> <p>~Dangerous- don't understand cognitive ability of cause and effect. Most danerous</p> <p>~Ritualistic-certain time and order</p> <p>~Stubborn/oppositional- the "no" stage</p> <p>~Egocentric- not patient, dont understand explanation</p>	<p>~15m: tower of 2 cubes; help in house (imitating); walks w/o help; scribbles spontaneously</p> <p>~18m: tower of 3-4 cubes; AF closes; walks upstairs w/ 1 hand held</p> <p>~2y: tower of 6-7 cubes; adult height approx double height @ 2y; stairs alone; control of sphincters (potty training);parallel play; turns doorknob; unscrews lids; turns pages 1 @ a time; wash and dry hands; put on shirt; throw ball overhead; kick ball forward</p> <p>~2 1/2y: tower of 8 cubes; jumps; uses plurals; name 4 pics</p> <p>~3y: balance each ft 1 sec; thumb wiggle</p>	<p><b>Autonomy vs. Shame/Doubt (1-3y)</b></p> <p>~Do things for self to gain autonomy</p> <p>~Control issues</p> <p>~Negativism ("No" or "Me do" common)</p> <p>~Rapid mood swings</p> <p>~Ritualism</p> <p>*Desired Outcomes: self control &amp; will power</p>	<p><b>Sensorimotor (0-2yr)</b></p> <p>Same as above</p> <p><b>Pre operational (2-4yr)</b></p> <p>~Casual relationship between events (light switch)</p> <p>~Egocentricity</p> <p>~Domestic mimicry (household activities)</p> <p>~Concerned w/ why &amp; how</p>	<p><b>PreConventional (Pre moral)</b></p> <p>~Good/bad thru consequences</p> <p>~Based on reward &amp; punishment</p> <p>~Punishment &amp; obedience</p>	<p>~Separation/stranger anxiety</p> <p>=Abandonment (6-24mnths)</p> <p>~hurts to body</p> <p>~changes in routine</p> <p>~punishment</p>	<p>~tantrums</p> <p>~toilet training</p> <p>~regression</p> <p>~sibling rivarly</p>	<p>~Toys/play</p> <p>~distraction/diversion</p> <p>~transitional object</p> <p>~parental involvement</p> <p>~incorporate home routines</p> <p>~give 2 choices</p>	<p>~Back to sleep</p> <p>~constant supervision</p> <p>~Safe Haven Law- up to 30day</p> <p>~no propping bottles</p> <p>~carseat/booster 6y or 60lbs</p> <p>~check water temp</p> <p>~strap into all equipment</p> <p>~no small/sharp items in crib/bedsie</p> <p>~poison control (18008POISON)</p> <p>~high rise cribs</p> <p>~minimal restraints</p>	

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Preschool (3-6y)	<ul style="list-style-type: none"> <li>~Discovery</li> <li>~Curiosity</li> <li>~Interactive</li> <li>~Imagination - fantasy v. reality</li> <li>~Intense activity</li> </ul>	<ul style="list-style-type: none"> <li>~3y: tower of 9-10 cubes; balances each foot 6 sec; dresses w/o help</li> <li>~4y: birth length doubles; skips &amp; hops on 1 foot; associative play</li> <li>~5y: handedness is established; jumps rope; ties shoelaces</li> <li>~Unspecified age: prepare cereal; copy; define 7 words; heel to toe walk</li> </ul>	<p><b>Initiative v. Guilt (3-6y)</b></p> <ul style="list-style-type: none"> <li>~Social</li> <li>~Initiates experiences</li> <li>~Aware of others</li> <li>~Develops conscience</li> <li>~Learning to share</li> <li>~Associative play</li> <li>~Sense of accomplishment</li> <li>~Wanting to behave properly</li> <li>*Desired Outcomes: direction &amp; purpose</li> </ul>	<p><b>Preoperational (2-7y)</b></p> <ul style="list-style-type: none"> <li>~Egocentric, but moving to social awareness</li> <li>~No generalization</li> <li>~Difficult w/ fantasy v. reality</li> <li>~Magical thinking</li> <li>~Greatest language acquisition</li> <li>~Unable to see others perspective</li> </ul>	<p><b>PreConventional</b></p> <ul style="list-style-type: none"> <li>~Good/bad thru consequences</li> <li>~Based on reward or punishment</li> <li>~Punishment &amp; obedience</li> </ul>	<ul style="list-style-type: none"> <li>~sep. anxiety can continue</li> <li>~feel guilt that they caused illness</li> <li>~ May fear equipment is alive</li> <li>~bodily injury/castration</li> <li>~loss of control</li> <li>~hosp. viewed as punishment</li> </ul>	<ul style="list-style-type: none"> <li>~Daycare</li> <li>~Fears</li> <li>~sexual curiosity</li> <li>~Speech problems</li> </ul>	<ul style="list-style-type: none"> <li>~Therapeutic play as communication and teaching</li> <li>~Limit setting/ distraction/choice</li> <li>~play: build rapport</li> <li>~honest, simple explanations</li> <li>~transitional objects</li> </ul>	<ul style="list-style-type: none"> <li>~same as toddler</li> <li>~Iv's and tubes out of reach</li> </ul>
School Age (6-12yr)	<ul style="list-style-type: none"> <li>~Productivity</li> <li>~Competencies</li> <li>~Competitiveness</li> <li>~Critical time of self concept/self esteem</li> </ul>	<ul style="list-style-type: none"> <li>~6y: 1st permanent tooth</li> <li>~7y: all speech sounds</li> <li>~Grows 2" per yr till puberty</li> <li>~10-12: Girls - pubescent changes may appear</li> </ul>	<p><b>Industry v. Inferiority (6-12)</b></p> <ul style="list-style-type: none"> <li>~New skills daily</li> <li>~Sense of fair play</li> <li>~Needs to succeed &amp; complete tasks</li> <li>~Needs to feel accomplished</li> <li>~Tolerates failure/losses</li> <li>~Socialization w/ peers very important</li> <li>~Peer approval</li> <li>~Rules: provide a sense of belonging</li> <li>*Desired Outcome: competence</li> </ul>	<p><b>Concrete Operations (7-11y)</b></p> <ul style="list-style-type: none"> <li>~Increased logical thought process</li> <li>~Inductive reasoning</li> <li>~Organize thoughts/world (classification skills)</li> <li>~Cause and effect</li> <li>~Considers others POV</li> <li>~Conservation of matter (2+4=6 so 6-4=2)</li> <li>~Reasoning based on judgement</li> <li>~Reading</li> </ul>	<p><b>Conventional</b></p> <ul style="list-style-type: none"> <li>~Following rules</li> <li>~Value family</li> <li>~Group expectations</li> <li>~Good boy, nice girl orientation</li> <li>~Law &amp; order</li> <li>~Treat others like you want to be treated</li> </ul>	<ul style="list-style-type: none"> <li>~Bodily injury/disability</li> <li>~loss of control</li> <li>~fear new situation</li> <li>~body integrity</li> </ul>	<ul style="list-style-type: none"> <li>~social relationships</li> <li>~coaches, teachers</li> <li>~adult role models</li> <li>~after school activities</li> <li>~Clubs, teams, hobbies</li> </ul>	<ul style="list-style-type: none"> <li>~explain in simple terms</li> <li>~allow choices in care</li> <li>~reassure with tours of unit</li> <li>~schooling in hospital</li> <li>~positive feedback</li> </ul>	<ul style="list-style-type: none"> <li>~reminders of rules</li> <li>~environmental hazards</li> </ul>

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Adolescent (13-18)	~Body image ~Roles ~Experiment ~goal* to move from group identity to individual identity		<b>Identity v. Role Confusion (12-18y)</b> ~Identity confusion ~Emotional turmoil ~Peer acceptance essential ~Group identity vs alienation ~Personal identity ~Body awareness ~Sex role identity ~Mix of maturity & child-like behavior *Desired Outcomes: devotion & fidelity	<b>Formal Operations (11-15y)</b> ~Adult cognitive abilities ~Adaptability ~Abstract thinking ~Capable of using future time perspective ~Sequence of events ~Values opinions of others of themselves	<b>Post Conventional</b> ~Individual rights as agreed on by society ~Skeptical of their parents religious beliefs ~Internalized set of moral principles ~Questioning of existing morals ~Social contract ~Based on society	~loss of control ~change of environment ~appearance ~being different ~altered body image	~puberty ~risk taking behaviors ~eventual individuality	~treat as adult=rights of adults ~may refuse care ~privacy ~allow friends and phones ~avoid criticism ~walkman/ipod	~reminders of rules ~teach: STD, substance abuse, safety issues, present body function in matter of fact way