

# Kinesiology and Athletics

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De Anza College

Date: 01-14-2024

<b>PE/Athletics</b>
<b>KNES - Kinesiology</b>
<b>AAT_Associate in Arts in Kinesiology for Transfer</b> <ul style="list-style-type: none"><li>• Display increasing confidence in the ability to use a range of speaking, listening and collaboration skills</li><li>• Apply fitness concepts to individuals seeking training programs</li><li>• Analyze, evaluate and respond to requests for individualized fitness programs by weighing research, examining evidence and critical reasoning</li><li>• Display competence in a variety of sports and activities</li></ul>
<b>COA_Manual Therapy</b> <ul style="list-style-type: none"><li>• Identify common conditions in disability related health care/adapted physical education and sports medicine related/athletic training environments</li><li>• Recognize and safely implement a variety of manual therapies in an adapted physical education and sports medicine environments</li></ul>
<b>P E - Physical Education</b>
<b>PSLO</b> No PSLOs