N 94 Reading/Prep List

*(Note: The chapters and pages are based on the 10th edition of both textbooks used in this reading list for the hard copies; If you have eBooks use the topics to find the correct pages and chapters for your readings)*

**Required textbooks:**

* Touhy, T & Jett, K. **(2020).** Ebersole and Hess’ *Toward Healthy Aging* (10th ed.). Elsevier: St. Louis.
* Ignativicius, D, Workman, M & Rebar, C. (2018). *Medical-Surgical Nursing: Concepts for Interprofessional Collaborative Care* (10th ed.). Elsevier: St. Louis.

**Recommended textbook:** Any pathophysiology text is **highly** recommended!

**WEEK-BY-WEEK READING/PREPARATION:**

**KEY:**

 T = Touhy & Jett. (Toward Healthy Aging, 10th ed)

 Ig = Ignatavicius & Workman. (Med-Surg text, 10th ed)

**WEEK 1** – Topics: Functional assessment/status; Developmental Stage; Aging and Disease; Theories of Aging; Ethnogeriatrics; Health Literacy; Age-related changes overview

T Ch. 1, pages 1-11 T Ch. 11, pages 132-142

T Ch. 3, pages 32-39 T Ch. 12, pages 145-152

T Ch. 4, pages 41-53 T Ch. 13, pages 154-158, 162-169

T Ch. 5, pages 56-65 T Ch. 33, pages 434-435

T Ch. 6, pages 68-74

*Bonus! T Ch. 34, pages 463-478*

**Case study:** NONE

**WEEK 2** – Topics: Gero Nursing; Health Assessment, Assessment of Legal/Ethical topics common to care of older adults; Geropharmacology & Polypharmacy; Labs

T Ch. 2, pages 13-26 T Ch. 9, pages 103-114

T Ch. 7, pages 77-88 T Ch. 20, pages 261-272

T Ch. 8, pages 91-101 T Ch. 31, pages 407-416

*Bonus! T Ch. 10, pages 117-126*

**Week 2 Case study:** GERO: Age-related risks

**WEEK 3** – Topics: CHF, COPD **MIDTERM EXAM (covers Weeks 1 through 3, 50 questions worth 100 pts)**

T Ch. 22, pages 280-292 Ig Ch. 31, pages 652-656 (A Fib)

T Ch. 25, pages 313-319 Ig Ch. 32, pages 666-681 (CHF)

Ig Ch. 27, pages 542-551 (COPD)

*Bonus! Ig Acute Coronary Syndrome*

**Week 3 Case studies:** MED/SURG: HF with atrial fibrillation, COPD with Pneumonia

**WEEK 4** – Topics: Nutrition, Hydration, BPH; Falls, Intimacy & Sexuality

T Ch. 14, pages 173-188 T Ch. 26, pages 321-330

T Ch. 15, pages 191-198 T Ch. 33, pages 435-448

T Ch. 16, pages 201-215 Ig Ch. 67, pages 1470-1479 (BPH)

T Ch. 19, pages 244-260

**Week 4 Case studies:** MED/SURG: BPH; GERO: Risk for Falls, hip fractures, and PE

**WEEK 5** – Topics: Mental Health; Sleep; Pain; Dementia/Delirium/ Depression; Alzheimer’s Disease; End of Life; Death & Dying

T Ch. 17, pages 219-225 T Ch. 28, pages 343-351, 356-366

T Ch. 23, pages 295-302 T Ch. 29, pages 371-394

T Ch. 27, pages 332-340 T Ch. 35, pages 472-488

*Bonus! T Ch. 36, pages 491-505*

**Week 5 Case studies:** GERO: Neurocognitive disorder: Alzheimer’s Disease (early onset), COMMUNITY HEALTH: Hospice

**WEEK 6** – **FINAL EXAM (comprehensive, 50 questions worth 100 pts)**

*No reading, no case studies!*

*December 2021*